



AMN MEDICAL TRAINING

FIRST AID & EMERGENCY CARE TRAINING COURSE DETAILS

FOUR-DAY FIRST AID AT WORK COURSE

This comprehensive first aid course is intended for those who are required by law to have the Health & Safety approved First Aid at Work qualification. Anyone wishing to do this course will find it covers a wide range of subjects giving you the skills and confidence to be a first aider in the work place. On the last day of the course there is an oral and practical assessment. Certification is awarded on successful completion and qualifies you as a First Aider for three years.

AIMS OF FIRST AID

CARDIAC ARREST

MANUAL HANDLING

ANGINA

PRIMARY SURVEY

HYPERVENTILATION

BASIC LIFE SUPPORT

HYPOXIA

SECONDARY SURVEY

HANGING

UNCONSCIOUSNESS

DROWNING

HEART ATTACK

BANDAGING

CHOKING

CRUSH INJURY

BLEEDING

SPINAL INJURY

SHOCK

STRAINS & SPRAINS

BURNS

DISLOCATION

FRACTURES

FAINT

EYE INJURY

SEIZURES

ASTHMA

MENINGITIS

DIABETES

POISONING

EPILEPSY

HEAD INJURY

STROKE

ACCIDENT BOOK

FIRST AID BOXES

ANAPHYLAXIS (ALLERGIC REACTION)

TWO-DAY FIRST AID REQUALIFICATION COURSE

This two-day refresher first aid course is intended for those who are required by law to have the Health & Safety Executive (HSE) approved First Aid at Work (FAW) qualification. It is for anyone wishing to update their 4-day First Aid at Work qualification. To attend this course the HSE require you hold a valid 4 day FAW certificate*. It is aimed at renewing first aid skills underpinning knowledge. This course covers a wide range of subjects giving you the skills and confidence to be a first aider in the work place. On the last day of the course there is an oral and practical assessment. Certification is awarded on successful completion and qualifies you as a First Aider for three years.

* (26 day grace may be given if the FAW certificate has expired and it was not possible to attend the planned or booked course)

AIMS OF FIRST AID	BASIC LIFE SUPPORT
PRIMARY SURVEY	SECONDARY SURVEY
CARDIAC ARREST	HEART ATTACK
BLEEDING	SHOCK
BURNS	DROWNING
UNCONSCIOUSNESS	FRACTURES
EYE INJURY	BANDAGING
CHOKING	CRUSH INJURY
ASTHMA	FAINT
DIABETES	SEIZURES
EPILEPSY	POISONING
STROKE	HEAD INJURY
ANAPHYLAXIS (ALLERGIC REACTION)	
FIRST AID BOXES	ACCIDENT BOOK

YOU NEED TO ATTEND THE FULL COURSE TO OBTAIN CERTIFICATION

SHORT COURSE FOR TEACHERS, PARENTS & STUDENTS

This short course, usually 2 hours, is intended to teach people some basic first aid. Giving an insight into how to respond to an accident or immediate life threatening emergency in the home, school or even whilst with friends. The main focus is related to hands-on practice & learning how to give practical help to someone who needs it quickly. You will feel more confident if you are ever faced with an unconscious casualty. You will learn how to help save a life by practising cardiopulmonary resuscitation (CPR) on all the manikins, adult, child and baby.

AIMS OF FIRST AID

DROWNING

PRIMARY SURVEY

CARDIAC ARREST

SECONDARY SURVEY

HEART ATTACK

THE RECOVERY POSITION

CHOKING

BASIC LIFE SUPPORT

ASTHMA

CPR

BURNS

THIS TWO HOUR COURSE IS ADAPTABLE TO MEET THE NEEDS OF THE CLIENT & SUBJECTS CAN BE CHANGED TO MEET SPECIFIC REQUIREMENTS

ONE-DAY APPOINTED PERSONS FIRST AID COURSE

This first aid course is ideal for small businesses or individuals who wish to appoint a person to deal with first aid emergencies. An Appointed Person is able to take charge of a medical emergency when the situation arises. This one day course is comprehensive and gives an over view of the most common problems faced in the work place. There will be plenty of hands on practical work such as learning how to do cardiopulmonary resuscitation, place someone in the recovery position, apply a bandage, use a burns dressing correctly. All these conditions listed will be informative and teach you the latest methods of treatment by a first aider.

On completion of the course the certificates are valid for three years.

AIMS OF FIRST AID	CARDIAC ARREST
BASIC LIFE SUPPORT	HEART ATTACK
PRIMARY SURVEY	CHOKING
SECONDARY SURVEY	BLEEDING
UNCONSCIOUSNESS	SHOCK
BURNS	FAINTING
EYE INJURY	FRACTURES
DIABETES	ASTHMA
HEAD INJURY	EPILEPSY
ANAPHYLAXIS (ALLERGIC REACTION)	STROKE
FIRST AID BOXES	ACCIDENT BOOKS

YOU NEED TO ATTEND THE FULL COURSE TO OBTAIN CERTIFICATION

TWO-DAY APPOINTED PERSONS FIRST AID COURSE

This two-day first aid course is ideal for small businesses where the risk of accident is considered to be low to medium. Two-day courses gives more time for practical skills and can be situation specific. This course is suitable for people working in the motor trade who may wish to have several people trained to be an Appointed Person. They will be able to cope with first aid and medical emergencies that may occur in the work place or a member of the public using their facility. An Appointed Person is able to take charge of a medical emergency when the situation arises. This two-day course is comprehensive and can, if necessary, be adapted to suit the nature of the business.

On completion of the course the certificates are valid for three years.

AIMS OF FIRST AID	CARDIAC ARREST
BASIC LIFE SUPPORT	HEART ATTACK
PRIMARY SURVEY	CHOKING
SECONDARY SURVEY	BLEEDING
UNCONSCIOUSNESS	SHOCK
BURNS	FAINTING
CRUSH INJURY	STRAINS & SPRAINS
EYE INJURY	FRACTURES
DIABETES	ASTHMA
HEAD INJURY	EPILEPSY
ANAPHYLAXIS (ALLERGIC REACTION)	STROKE
FIRST AID BOXES	ACCIDENT BOOKS

YOU NEED TO ATTEND THE FULL COURSE TO OBTAIN CERTIFICATION

THREE-DAY APPOINTED PERSONS FIRST AID COURSE

This course is ideal for businesses such as holiday parks, hotels & shopping centres that may be dealing with the general public and wish to have more than one Appointed Person to deal with first aid emergencies. An Appointed Person is able to take charge of a medical emergency when the situation arises. This three-day course is very comprehensive and gives people good first aid skills of the most common problems faced in their place of work. There will be plenty of hands on practical work such as learning how to do cardiopulmonary resuscitation, place someone in the recovery position, apply a bandage and how to use a burns dressing correctly. All these conditions listed will be informative and teach you the latest methods of treatment given by a first aider. Additional subjects can be added to this course to cover specific needs if necessary.

On completion of the course the certificates are valid for three years.

AIMS OF FIRST AID	ANGINA
PRIMARY SURVEY	HYPERVENTILATION
BASIC LIFE SUPPORT	HYPOXIA
SECONDARY SURVEY	HANGING
UNCONSCIOUSNESS	DROWNING
HEART ATTACK	BANDAGING
CHOKING	CRUSH INJURY
BLEEDING	SPINAL INJURY
SHOCK	STRAINS & SPRAINS
BURNS	DISLOCATION
FRACTURES	FAINT
EYE INJURY	SEIZURES
ASTHMA	MENINGITIS
DIABETES	POISONING
EPILEPSY	HEAD INJURY
STROKE	FIRST AID BOXES

ANAPHYLAXIS (ALLERGIC REACTION)

ACCIDENT BOOK

YOU NEED TO ATTEND THE FULL COURSE TO OBTAIN CERTIFICATION

FIRST PERSON ON SCENE

This short course, usually 4 or 6 hours, is intended to teach people some basic first aid for outdoor situations. In most cases this course is for outward-bound classes or people who are teaching sports activities. This course is popular with students who have a practical and outgoing attitude. Role play and scenario training plays a large part of the teaching, giving an insight into how to respond to an accident or immediate life threatening emergency in circumstances that may be outside the work place.

The main focus is related to hands-on practice & learning how to give practical help to someone who needs it quickly. You will feel more confident if you are ever faced with an unconscious casualty. You will learn how to help save a life by practising cardiopulmonary resuscitation (CPR) on adult, child and baby manikins.

You will learn to deal with small cuts, to major bleeding, bruises, broken bones, strains & sprains, This course is designed to be fun but with serious side to it. Successful students will receive a certificate valid for three years.

INCIDENT MANAGEMENT

ASTHMA

DEALING WITH AN UNCONSCIOUS CASUALTY

EPILEPSY

RESUSCITATION SKILLS

DIABETES

CONTROL OF BLEEDING

CHOKING

BURNS

C.P.R.

SCALDS / FRICTION BURNS

RECOVERY POSITION

HYPERVENTILATION

STRAINS & SPRAINS

FRACTURES

YOU NEED TO ATTEND THE FULL COURSE TO OBTAIN CERTIFICATION

ONE-DAY EMERGENCY CARE OF CHILDREN

This first aid course is ideal for schools, colleges, playgroups, or individuals who wish to appoint a person to deal with first aid emergencies. An Appointed Person is able to take charge of a medical emergency when the situation arises. This one day course is comprehensive and gives an over view of the most common problems faced, specifically with children.

There will be plenty of hands on practical work such as learning how to do cardiopulmonary resuscitation, place someone in the recovery position, apply a bandage, use a burns dressing correctly. All these conditions listed will be informative and teach you the latest methods of treatment by a first aider.

On completion of the course the certificates are valid for three years.

AIMS OF FIRST AID	CARDIAC ARREST
BASIC LIFE SUPPORT (ADULT / CHILD / BABY)	HEART ATTACK
PRIMARY SURVEY	CHOKING
SECONDARY SURVEY	BLEEDING
UNCONSCIOUSNESS	SHOCK
BURNS	FAINTING
EYE INJURY	FRACTURES
DIABETES	ASTHMA
HEAD INJURY	SEIZURES (EPILEPSY)
ANAPHYLAXIS (ALLERGIC REACTION)	MENINGITIS
FIRST AID BOXES	ACCIDENT BOOKS

YOU NEED TO ATTEND THE FULL COURSE TO OBTAIN CERTIFICATION

TWO-DAY EARLY YEARS (PAEDIATRIC) FIRST AID COURSE

This two-day course is aimed at All Levels. It is a comprehensive introduction to first aid and covers recognition & care of unwell children. It is specifically designed to give more information about first aid and the immediate treatment of common childhood conditions.

This course is ideal for child minders, child carers, playgroups & people working with, or caring for, children of all ages. It meets the current Ofsted and Surestart requirements and conforms to the Resuscitation Council Guidelines providing evidence for employees working towards an N.V.Q. in Childcare & Education.

By the end of the course you will have an understanding of basic first aid, be able to deal with a life saving situations such as cardiopulmonary resuscitation. Develop the skills needed to treat everyday illness or accidents with confidence.

PLANNING & DEALING WITH FIRST AID EMERGENCIES

RESUSCITATING BABIES & CHILDREN

TREATMENT OF AN UNCONSCIOUS CASUALTY (RECOVERY POSITION)

RECOGNISING & DEALING WITH CHOKING

RECOGNISING & DEALING WITH SHOCK

RESPONDING TO ANAPHYLACTIC SHOCK

RECOGNISING & RESPONDING TO ELECTRIC SHOCK

RESPONDING APPROPRIATELY TO: BURNS & SCALDS / FRACTURES / HEAD INJURY

POISONING / FOREIGN BODIES (EYES, EARS & NOSE)

DEALING WITH BITES & STINGS

PROBLEMS CAUSED BY THE EFFECTS OF EXTREME HEAT OR COLD

ASSESSMENT AND TREATMENT OF A CHILD WHO IS BLEEDING

TREATMENT OF GENERAL MEDICAL CONDITIONS SUCH AS EYE INJURY, ASTHMA,

DIABETES, EPILEPSY, MENINGITIS & FEBRILE CONVULSION

FIRST AID FOR EDUCATIONALLY CHALLENGED PEOPLE

This short course is ideal for people of any age who find learning difficult.

It is usually 4 or 6 hours and is intended to teach people some basic first aid. This course is popular with students who have a practical and an out-going attitude. Role play and scenario training plays a large part of the teaching, giving an insight into how to respond to an accident or immediate life threatening emergency in circumstances that may be outside the work place. The main focus is related to hands-on practice & learning how to give practical help to someone who needs it quickly. You will feel more confident if you are ever faced with an unconscious casualty.

You will learn how to help save a life by practising cardiopulmonary resuscitation (CPR) on adult, child and baby manikins. You will learn to deal with small cuts, to major bleeding, bruises, broken bones, strains & sprains, This course is designed to be fun but with serious side to it. Successful students will receive a certificate valid for three years.

INCIDENT MANAGEMENT

ASTHMA

DEALING WITH AN UNCONSCIOUS CASUALTY

EPILEPSY

RESUSCITATION SKILLS

DIABETES

CONTROL OF BLEEDING

CHOKING

BURNS

C.P.R.

SCALDS / FRICTION BURNS

RECOVERY POSITION

HYPERVENTILATION

FRACTURES

STRAINS & SPRAINS

IMMEDIATE LIFE SUPPORT

This short course, usually 2 hours, is intended to teach people some basic first aid. Giving an insight into how to respond to an accident or immediate life threatening emergency in the home, school or even whilst with friends. The main focus is related to hands-on practice & learning how to give practical help to someone who needs it quickly. You will feel more confident if you are ever faced with an unconscious casualty. You will learn how to help save a life by practising cardiopulmonary resuscitation (CPR) on all the manikins, adult, child and baby.

AIMS OF FIRST AID

DROWNING

PRIMARY SURVEY

CARDIAC ARREST

SECONDARY SURVEY

HEART ATTACK

THE RECOVERY POSITION

CHOKING

BASIC LIFE SUPPORT

USING A DEFIBRILLATOR

CPR

THIS TWO HOUR COURSE IS ADAPTABLE TO MEET THE NEEDS OF THE CLIENT & SUBJECTS CAN BE CHANGED TO MEET SPECIFIC REQUIREMENTS

BASIC LIFE SUPPORT

This short course, usually 2 hours, is intended to teach people some basic first aid. Giving an insight into how to respond to an accident or immediate life threatening emergency in the home, school or even whilst with friends.

The main focus is related to hands-on practice & learning how to give practical help to someone who needs it quickly. You will feel more confident if you are ever faced with an unconscious casualty. You will learn how to help save a life by practising cardiopulmonary resuscitation (CPR) on all the manikins, adult, child and baby.

AIMS OF FIRST AID	DROWNING
PRIMARY SURVEY	CARDIAC ARREST
SECONDARY SURVEY	HEART ATTACK
THE RECOVERY POSITION	CHOKING
BASIC LIFE SUPPORT	BLEEDING

CPR

THIS TWO HOUR COURSE IS ADAPTABLE TO MEET THE NEEDS OF THE CLIENT & SUBJECTS CAN BE CHANGED TO MEET SPECIFIC REQUIREMENTS

SOME ALTERNATIVE SUBJECTS:

BURNS

FRACTURES

STRAINS & SPRAINS

HEAD INJURY

POISONS

ASTHMA

DIABETES

PAEDIATRIC LIFE SAVER

This short course, usually 2 hours, is intended to teach people some basic first aid. Giving an insight into how to respond to an accident or immediate life-threatening emergency in the home, play group or even whilst with friends. The main focus is related to hands-on practice & learning how to give practical help to someone who needs it quickly. You will feel more confident if you are ever faced with an unconscious child. You will learn how to help save a life by practising cardiopulmonary resuscitation (CPR) on child and baby manikins.

AIMS OF FIRST AID

DROWNING

PRIMARY SURVEY

CARDIAC ARREST

SECONDARY SURVEY

SEIZURES (FITS)

THE RECOVERY POSITION

CHOKING

BASIC LIFE SUPPORT

BLEEDING

CPR

MENINGITIS

THIS TWO HOUR COURSE IS ADAPTABLE TO MEET THE NEEDS OF THE CLIENT & SUBJECTS CAN BE CHANGED TO MEET SPECIFIC REQUIREMENTS

SOME ALTERNATIVE SUBJECTS:

ADULT CPR / RECOVERY POSITION

BURNS

HEAD INJURY

POISONS

ASTHMA

DIABETES

INITIAL USE OF A DEFIBRILLATOR (& REFRESHER TRAINING)

This short course, usually 3 to 4 hours, is intended to teach people some skills in how to use an Automated External Defibrillator (A.E.D.) The main focus is related to hands-on practice & learning how to give practical help to someone who needs it quickly. You will feel more confident if you are ever faced with an unconscious casualty. You will learn how to help save a life by practising cardiopulmonary resuscitation (CPR) on adult and child manikins. You will also learn how safe and critical it is to use an A.E.D. in cases of cardiac arrest. No previous first aid experience is necessary.

THE HEART

CARDIAC ARREST

HEART ATTACK

ANGINA

VENTRICULAR FIBRILLATION

COLLAPSED PERSON

BASIC LIFE SUPPORT

AGONAL BREATHING

CPR

THE DEFIBRILLATOR

YOU MUST ATTEND THE FULL COURSE & ASSESSMENT TO OBTAIN A CERTIFICATE WHICH IS VALID FOR ONE YEAR (MAX)

OXYGEN THERAPY COURSE

This comprehensive (6 hour) course teaches a range of skills in the use of administering oxygen. It includes an extensive range of medical conditions when oxygen is appropriate in emergency situations. We will also discuss those occasions when oxygen should not be administered.

The course teaches those first aiders who have access to oxygen how to safely store, transport & use this medical gas.

OXYGEN THERAPY	RECOVERY POSITION
UNDERSTANDING THE RESPIRATORY SYSTEM	HEART ATTACK / ANGINA
OXYGEN IN THE AIR	HYPOXIA
DO WE NEED OXYGEN	ASTHMA
THE MECHANICS OF BREATHING	SHOCK
THE OXYGEN CYLINDER	HEAD INJURY
OXYGEN MASKS	FAINT
PRECAUTIONS WHEN USING OXYGEN	STROKE
STORAGE OF OXYGEN CYLINDERS	ANAPHYLAXIS
DO'S & DON'TS WHEN USING OXYGEN	DIABETES
REPORTING THE USE OF OXYGEN	EPILEPSY
OVER OXYGENATION	HANGING
HYPOXIC DRIVE	DROWNING
WHEN TO USE OXYGEN	HYPERVENTILATION
CARDIAC ARREST	RESUSCITATION

CARDIOPULMONARY RESUSCITATION (C.P.R.)

This short, but vital, course (1 - 2 hours) is designed to teach any person how to take immediate action, which could save a life.

Students will learn how to approach a casualty, assess the situation and recognise when to start C.P.R. The technique of good C.P.R. will be demonstrated & practiced on all manikins, adult, child & baby.

You will also learn how to put a casualty into the correct position to protect their airway.

ASSESSING THE SITUATION

BASIC LIFE SUPPORT

WHEN TO CALL FOR HELP

UNDERSTANDING 'BREATHING'

RECOGNISING 'NORMAL BREATHING'

THE RECOVERY POSITION

THE ART OF C.P.R.

ALL STUDENTS WILL RECEIVE A CERTIFICATE OF ATTENDANCE

AVIATION MEDICAL TRAINING

Full three or four-day (or one day refresher) annual check courses available.

This comprehensive Aviation Medical Training Course is intended for Cabin Crew or Flight Deck Crew who are required by law to have training in aviation physiology and first aid. The unique aircraft environment demands specific first aid training & knowledge, which we are able to offer by Aviation Medical Trainers. Anyone wishing to do this course will find it covers all aspects of in-flight medical emergencies, which include altitude physiology, life saving procedures, defibrillation, general medical emergencies, administration of oxygen, and trauma. Travel health and crew safety is also covered on the full course giving you the first aid skills and confidence needed as flight crew. On the last day of the course there is an oral and practical assessment. Certification is awarded on successful completion and qualifies you for one year.

THE ATMOSPHERE AND EFFECT OF FLYING ON THE BODY

EFFECTS OF LOW OXYGEN (HYPOXIA)

EFFECTS OF PRESSURE CHANGES

MANAGING A MEDICAL INCIDENT

PRIMARY AND SECONDARY SURVEY

RESUSCITATION ADULT, CHILD & BABY

CHOKING

THE RESPIRATORY SYSTEM AND DISORDERS

CIRCULATORY CONDITIONS

ABDOMINAL PROBLEMS

PREGNANCY AND CHILDBIRTH

BEHAVIOURAL, PSYCHOLOGICAL AND NERVOUS DISORDERS

TRAUMATIC INJURY WOUNDS FRACTURES, STRAIN AND SPRAINS

EYE AND EAR INJURIES

SUPPLEMENTARY OXYGEN

DEFIBRILLATOR TRAINING

ONE-DAY MANUAL HANDLING COURSE

This one-day course is designed to give a basic overview & insight into Manual Handling in the workplace & can be specifically designed to cater for Care Homes and the safe movement of people.

DEFINITION

STATISTICS

MANUAL HANDLING LAW

ANATOMY & PHYSIOLOGY

INJURIES

MECHANICS OF LIFTING

RISK ASSESSMENT

LIFTING SAFELY

MOVING PEOPLE

MECHANICAL AIDS

BASIC FIRST AID FOR PARENTS / ADULTS / CHILDREN

This 2 hour Course is designed to give very basic knowledge to those who have limited time available to learn the full range of First Aid topics.

It is based on the Basic Life Support model & will cover the essential first stages of dealing with a casualty who may be suffering from a life-threatening situation.

The Course covers those essential first steps & includes practical exercises in Recognition, performing CPR & how to place a casualty in the Recovery Position.

AIMS OF FIRST AID

PRIMARY & SECONDARY SURVEY

THE RECOVERY POSITION

BASIC LIFE SUPPORT / CPR

DROWNING

CARDIAC ARREST

HEART ATTACK

CHOKING

ASTHMA

BURNS

EMERGENCY FIRST AID AT WORK

This first aid course, previously known as the One Day Appointed Persons Course, is ideal for small businesses or individuals who wish to appoint a person to deal with first aid emergencies. An Appointed Person is able to take charge of a medical emergency when the situation arises. This one day course is comprehensive and gives an over view of the most common problems faced in the work place. There will be plenty of hands on practical work such as learning how to do cardiopulmonary resuscitation, place someone in the recovery position, apply a bandage, use a burns dressing correctly. All these conditions listed will be informative and teach you the latest methods of treatment by a first aider.

On completion of the course the certificates are valid for three years.

AIMS OF FIRST AID	CARDIAC ARREST
BASIC LIFE SUPPORT	HEART ATTACK
PRIMARY SURVEY	CHOKING
SECONDARY SURVEY	BLEEDING
UNCONSCIOUSNESS	SHOCK
BURNS	FAINTING
EYE INJURY	FRACTURES
DIABETES	ASTHMA
HEAD INJURY	EPILEPSY
ANAPHYLAXIS (ALLERGIC REACTION)	STROKE
FIRST AID BOXES	ACCIDENT BOOKS

YOU NEED TO ATTEND THE FULL COURSE TO OBTAIN CERTIFICATION

MANUAL HANDLING FOR THE HEALTH SECTOR

This introductory course is aimed at those employees who work in the Care Service and have a responsibility for moving people. The aim of the course is to teach the importance of minimising risk by reducing the amount of human effort needed to lift, push, pull or move an object or person. This course gives essential support for all working professionals and can be tailored to suit your specific needs.

DEFINITION

STATISTICS

MANUAL HANDLING LAW

ANATOMY & PHYSIOLOGY

INJURIES

MECHANICS OF LIFTING

RISK ASSESSMENT

LIFTING SAFELY

MOVING PEOPLE

MECHANICAL AIDS

TRAVELLING ABROAD / BACKPACKERS HEALTHCARE ADVICE

Thinking of travelling abroad and worried about healthcare risks?
On a gap-year & thinking of touring some out-of-the-way places?

This First Aid Course is ideal for individuals who are travelling abroad, such as gap year students or those planning an adventure holiday. This course is suited to those with little or no previous first aid knowledge.

By the end of the course you will have an understanding of basic first aid, be able to deal with life saving situations and develop the skills needed to treat everyday illness or accidents with confidence. It is very focused on self-care.

- ü Pre-trip health advice including what to take with you
- ü Safety awareness whilst travelling
- ü Dealing with bites & stings (including rabies)
- ü Personal health like food poisoning, dehydration, heat stroke
- ü Blood borne & S.T.D. (sexually transmitted disease)
- ü Basic Life Support
- ü Treatment of an unconscious casualty (recovery position)
- ü Assessment and treatment of a casualty who is bleeding or shocked
- ü Assessment and treatment of fractures, dislocations and head injuries
- ü Assessment and treatment of burns, eye injury, asthma, diabetes, epilepsy and severe allergic reaction will be covered in this course.

CONSULTANT IN FIRST AID REQUIREMENTS & ADVICE (INCLUDING TRAINING & KITS)

AMN Medical Training has staff with over 100 years of medical, nursing, training & healthcare experience. We are able to offer you simple advice or deal with the complex issues of what is required of you as an individual or your company as a responsible employer.

We are happy to visit your place of work & carry out site surveys for medical needs, First Aid Kits and general health care advice for you & your employees.

- Do you require on-site First Aiders?
- Would other training benefit your staff?
- Are the contents of your First Aid Kit adequate & in date?
- Would you pass a Health & Safety inspection?

INFECTION CONTROL

This one-day introductory course is aimed at anyone involved in providing care in the community and covers standard principles in:

- Hand hygiene
- The use of P.P.E. (Personal Protective Equipment)
- The use & disposal of sharps

The Course covers:

AIMS OF THE COURSE

PRECAUTIONS

ROUTES OF INFECTION

STANDARD PRECAUTIONS

ENVIRONMENT

CLINICAL WASTE

MEDICAL WASTE

HANDLING LINEN

SHARPS

BODY FLUIDS

PERSONAL PROTECTIVE EQUIPMENT

HAND HYGIENE, WASHING & DRYING

M.R.S.A.

INFLUENZA / T.B.

CLOSTRIDIUM DIFFICILE

V.R.E.

H.I.V. / HEPATITIS

YOUNG FIRST AIDER (7 – 16 YEAR OLDS)

Children are natural learners. They like to explore, ask questions and pretend. They learn by doing.

This practical Course is very much tailored to the age & needs of the young First Aider and can vary in length from 2 – 6 hours.

It is ideal for Schools or Clubs who wish to give children those important first steps in understanding how easy it is to help others in need. This can vary from dialling 999 with confidence to placing someone in the recovery position or recognising when another person needs help & how to get it.

The Course can cover all or some of the following:

WHAT IS FIRST AID

SAFETY

WHEN SHOULD YOU CALL AN AMBULANCE & HOW

FIRST STEPS IN FIRST AID

AWAKE & NOT AWAKE

RECOVERY POSITION

NOT AWAKE – NOT BREATHING

WHAT IS RESUSCITATION – AND PRACTICE

CHEST PAIN

CHOKING

ELECTRIC SHOCK

SHOCK

BURNS

FRACTURES

HEAD INJURY

POISONING

BITES & STINGS

BLEEDING

EYE INJURY

ASTHMA

DIABETES

SEIZURES